


FACULTY DETAILS PROFORMA

Title	Dr.	First Name	Sunil	Last Name	Gupta	Photograph
Designation		Assistant Professor				
Address ; Office		Department of Psychology, Aryabhatta College, University of Delhi Benito Juarez Road, Delhi - 110021				
Address ; Residence:		House No. C-170, First Floor Nehru Vihar (Near Vardhman central plaza) Delhi-110054				
Phone No	Office Residence					
Mobile		8800277211				
Email		Sunilgupta3885@gmail.com				
Web-Page						
Educational Qualifications						
Degree		Institution			Year	
B.Sc.		University of Lucknow			2007	
M.A		University of Lucknow			2010	
Ph.D		University of Delhi			2015	
UGC-NET-JRF		CBSE-UGC-NET			2015	
Career Profile						
Professional Industrial-Organizational Psychologist						
<ul style="list-style-type: none"> · Practicing Career Counsellor · Academic Counsellor · Researcher 						
Administrative Assignments						
Member of NAAC Committee, Aryabhatta College						
Areas of Interest / Specialization						
Clinical Psychology Counselling Psychology Organizational Behavior Health Psychology Stress Management General Psychology Personality Parapsychology						
Subjects Taught						
General Psychology, Physiological Psychology (Biopsychology), Psychology of Individual Differences, Psychological Research, Social Psychology, Statistics, Human Resource Management, Organizational Behavior, Positive Psychology, Emotional Intelligence, Psychology of Gender, Self and Personal Growth, stress management, Health Psychology. health and well-being, Working with People and Personality.						
Research Guidance						

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Guided a dissertation project in BA(Hons) Psychology CBCS and FYUP University of Delhi

Guided a project work in MA Psychology Indira Gandhi National Open University (IGNOU)

Publications Profile

- Gupta, S. (2015). **Analysis of Self-system and Meaning of Life among Youth.** *International Journal of Research in Modern Engineering and Emerging Technology*, Volume 3, Issue 2, Feb-March 2015. (IJRMEET) ISSN: 2320-6586.
- Gupta, S. (2015). **Study of Personality Profile of Addicts & Non addicts.** *International Journal for Research in Education*, Volume 4, Issue 3, Mar-April: 2015. (IJRE) ISSN: (P) 2347-5412, ISSN: (O) 2320-091X.
- Gupta, S. (2015). **Study of Occupational Stress of Government & Private Bank Managers.** *International Journal of Research in Humanities and Social Sciences*, Volume 3, Issue 4, April 2015. ISSN: (P) 2347-5404 ISSN: (O) 2320771X.
- Gupta, S. (2015). **Role of Industrial Psychology and Monotony in Financial Sector.** *International Journal for Research in Management and Pharmacy*, Volume 4, Issue 3, April: 2015. (IJRMP) ISSN: 2320-0901.
- Gupta, S. (2015). **Comparative Study of Occupational Stress Level among the Bank Managers.** *International Journal of Research in all Subjects in Multi Languages*, Volume 3, Issue 5, May: 2015. (IJRSML) ISSN: 2321-2853.
- M. Srivastav, D., Gupta, S., & Sharma, V. (2015). **Stress among working and non-working parents of pre-school children.** *Journal of behavioral scientist*, 16(1): ISSN 0972-5911.
- Gupta, S. (2019). **Impact of environmental crisis on human well-being: A review.** *IAHRW International Journal of Social Sciences Review*, 2019, 7(5), 874-878: ISSN - 2347-3797.



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- Gupta, S. (2019). **Career selection in Indian college youth: Role of mass-media.** *IAHRW International Journal of Social Sciences Review*, 2019, 7(5), 874-878: ISSN - 2347-3797.
- Gupta, N., Gupta, S. (2019). **An Evaluative study of Environmental Protective Behaviour among Educators in Relation to Their Pro-Environmental Attitude.** *Printing Area Peer Reviewed International Refereed Research Journal*, 2019, (03), 15-20: ISSN-23945303.

Conference Organization/ Presentations

- Presented paper in the national seminar on “Media-Mediated realities and its impact on Psycho-social well-being” Organized by Innovative Research team of Bhim Rao Ambedkar College University of Delhi on 13 April 2013.
The title of the paper “Mass Media influence in shaping people’s ideas about Society”.
- Presented paper in the 3rd International conference on Psychology and Allied Sciences Jointly Organized by Amity Institute of Psychology and Allied Sciences, Amity University, Noida & Indian Association of Health, Research and Welfare, 25th-27th September, 2014 at Amity University Uttar Pradesh, Noida, India.
Theme: “Nurturing Values and Strengths in Individuals and Society: Role of Psychology”.
The title of the paper “Mass-media process, impacts on Society & Individual”.
- Presenting paper in the 4th National convention on “mental health programs in schools” core theme “convergence of special education & school counselling services”, 23rd & 24th February 2015, Moolchand medicity, New Delhi.
Title of the paper “Emerging expectation from children and need of counselling in school”.
- Presenting a paper in the 1st International & 3rd National conference on Positive psychology: Ripple effect, organized by Indian Association of Positive psychology & Manav rachna international university 27th February – 1st March, 2015 at Manav Rachna International University Faridabad, Haryana (India).



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Theme: Positive psychology: Ripple Effect.

The title of the paper "Study of mass-media and well-being".

- Presented paper in the MANA-XUE (seminar and academic fest) theme: Psychological capital of India youth: Challenges & opportunities organised by Department of Psychology, Bhim Rao Ambedkar College (university of Delhi) on 26th March 2015.

Title of the paper "Challenging psychosocial demands at Indian youth and their coping strategies".

- Presenting a paper in National conference on Perspective of successful Ageing organized by Mata Sundri College for Women, University of Delhi, 23rd–24th September, 2016 at Mata Sundri College for Women, University of Delhi, (India).

Theme: Perspective of successful Ageing

The title of the paper "Mass Media and Elderly Person".

- Presenting a paper in the Asia Pacific Career Development Association at 2018 Held at APCDA Conference, Tsinghua University, Beijing, China on Thursday, 17th May 2018. Session #357.

Title of the Paper- Career Selection in Indian College Youth: Role of Mass-Media.

- Participated in two days' Workshop on "Mental Health Problems: Understanding and Treatment" organised by Department of Psychology, National P.G. College Lucknow, University of Lucknow on 13th & 14th November 2008.
- Participated in "Two Days Symposium on Career Development in India", organised by Career Development Leadership Alliance, Maryland, USA & Work Psychology and Human Resource Forum, New Delhi on 13th & 14th Jan, 2010,
- Participated in national seminar on "Aging Workforce is a resource. We can no longer afford to waste" Organised by Department of Psychology, Applied Psychology Unit, University of Delhi, South Campus on March, 1st & 2nd 2013.
- Participated in international conference on "The colours of career development" Organized

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by India Career Development Association Delhi India jointly with R/S Foundation USA & National Career Development Association, USA. On 27, 28 & 29th March 2013.

- Participated in National Seminar on “Indian Culture, Psychology and the Global Civilization: Emerging Perspectives” organised by Department of Psychology on 22nd to 25th March, 2013.
- Participated in National Seminar on “Diversity & Dialogue/Translation among Indian Language” Organised by National Book Trust, MHRD, Govt. of India, New Delhi in association with School of Translation Studies and Training (SOTST), Indira Gandhi National Open University on the occasion of New Delhi Book Fair at Pragati Maidan, New Delhi on Feb. 18, 2014.
- Participated in two days’ hands on training workshop on “Rorschach Inkblot Test Exner’s Comprehensive System, Administration, Scoring & Interpretation, Organized jointly by Indian Association of Positive Psychology & India Career Development Association at University of Delhi, on 11-12 October, 2014.
- Participated in two days’ hands on training workshop on “Assessment and Development Centre” organised by Work Psychology & Human Resource Forum, Department of Psychology, Faculty of Arts University of Delhi on 5th-6th June, 2015.
- Participated in National seminar on “Life and Mission of Dr. Syama Prasad Mookerjee” organised by Indian Council of Historical Research and National Memorial Museum & Library, Teen Murti Bhawan, New Delhi on 23rd June 2018.
- Speaker at the “1st International Buddhist Conference-2018”, on social Engaged Buddhism and socio-economic development held at Srimanta Sankardev Kalakshtra Panjabari Road Batahguli, Guwahati, Assam, India organised by Global Buddhist Foundation from 7th to 9th May 2018.

The title of the paper “A Psycho-social study of moral development and Happiness in Buddhism.

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Research Projects (Major Grants/Research Collaboration)
Awards and Distinctions
Association With Professional Bodies
Member of the National Academy of Psychology (NAOP), India.
Member of the Indian Association of Health Psychology India
Other Activities

