


FACULTY DETAILS PROFORMA

Title	Dr.	First Name	Neera	Last Name		Photograph
Designation		Assistant Professor				
Office Address		Aryabhatta College. Benito Juarez Marg. South Campus, University of Delhi, Delhi				
Residence Address		House-no.6, Street-No.11, New-Lahore Extension. Shastri Nagar. Delhi-110031				
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	Residence					
Mobile		9910862046				
Email		neera@aryabhattachcollege.ac.in				
Web-Page						
Educational Qualifications						
Degree		Institution			Year	
Ph.D		Department of Psychology, Patna University.			2011	
M.A		Magadh Mahila College, Patna University			2004	
B.A		Patna Womens' College, Patna University			2002	
Career Profile						
<ul style="list-style-type: none"> Assistant Professor in the Department of Psychology, Aryabhatta College, University Of Delhi. (since August 2018) Worked as an Assistant Professor in the Department of Psychology, Zakir Hussain Delhi College, University of Delhi. (August 2016 - 2018) Worked as an Assistant Professor in the Department of Psychology, Vivekananda College, University of Delhi. Worked as an Assistant Professor in the Department of Psychology in Gargi College, University of Delhi. Worked as an Assistant Professor in the Department of Education, Lingaya University, Faridabad. 						
Administrative Assignments						
<ul style="list-style-type: none"> Working as a Convenor of the College Dance Society (Laasya & Wavetrix) Working as a Member of the Time Table Committee and Time –Table In charge of the Psychology -Department Working as a member of the Media Coordination Committee. Working as a member of the Function Committee Member of the Alumni Relations Committee Worked as a member of NAAC Committee for Criteria – 1 Worked as a member of NIRF Committee specifically to collect data of higher education of Department of Psychology Worked as a member of India Today Ranking Committee specifically to collect data of 						

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<p>Research related data of faculty members.</p> <ul style="list-style-type: none"> • Worked as a member of organizing committee of ICSSR National Seminar on Vishwa Guru Bharat: Use of Indian Knowledge in Developing Interventions and Innovations for Contemporary World in association with Bharatiya Shikshan Mandal, Delhi Prant from 13-14th December 2022 • Worked as a member of SSR Review Committee for NAAC Assessment (2021) at Aryabhatta College, University of Delhi • Worked as a member, Criteria 2 and Criteria 4 (SSR) for NAAC Assessment (2021) at Aryabhatta College, University of Delhi • Member of a Psycho-Social help desk of the college to provide Guidance and Assistance to Teaching and Non-teaching members and also to the students.
<p>Areas of Interest / Specialization</p> <ul style="list-style-type: none"> • Social Psychology • Developmental Psychology • Educational Psychology
<p>Subjects Taught</p> <ul style="list-style-type: none"> • Social Psychology • Applied Social Psychology • Social Behaviour and Group Dynamics • Developmental Psychology • Educational Psychology • Group Dynamics in Organization • Research
<p>Research Guidance</p> <ul style="list-style-type: none"> • Charu Sahu (2024) - Echoes of Fathers' Absence: Qualitative Enquiry into Young Adults' lives with Absent Father. • Dhairya Mohla (2023) – Men are Stoic, or Are They? Expressive Suppression in Men and its relation to Masculine Gender Roles A Cross-Generational Analysis. • P.Siva Tharini (2021) - Barriers Faced by young men in Seeking Professional Help for Mental Health Concerns. • Khushboo Arora (2020) - A Correlational Study of Gratitude and Forgiveness in Relation to Different Personality Traits among College Students. • Vasudha Saigal (2019) - A Correlational Study of Gratitude and Forgiveness in Relation to Different Personality Traits among College Students
<p>Publications Profile</p> <ul style="list-style-type: none"> • Mohla, D & Neera (2023). Men Are Stoic, or Are They?: Emotional Suppression in Men and its Relation with Masculinity Norms. The International Journal of Indian Psychology, 11(3), 4289-4302 • Neera & Sivatharini, P (2021). Barriers Faced By Young Men in Seeking Professional Help for Mental Health Concerns. International Journal of Advance Research and Innovative Ideas in Education, 7(5), 1156-1161. • Neera & Thangbiakching (2020). Understanding Social Validation As A Process And Lived

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<p>Experience Among College Going Students In Delhi. International Journal of Advance Research and Innovative Ideas in Education, 6(3), 1222-1229.</p> <ul style="list-style-type: none"> • Neera (2019). An Interpretive Phenomenological Analysis of Child Centered Education in Indian Perspective. Behavioural Scientist, 20 (1),37-50. • Neera (2017). An Experimental Analysis of Social Influence Related to Conformity. The Asian Journal of Psychology & Education, 50(3),2-12. • Neera (2017). Role of Hardship in Inner Growth and Resilience DevelopmentAnalytical Study. International Journal of Social Science & Management Studies, 2, (4), 72-78. • Neera (2017). Attitude towards Mental Illness. Swadeshi Research Foundation- A Quarterly Journal of Multidisciplinary Research, 4 (2), 5-14. • Neera (2012). Role of Gender in Risk-Taking Behavior. Shodh Drishti, 3(5), 141-143. • Neera (2012). A Comparative Study of Dependence- Proneness in Under Graduate and Post-Graduate Students of Patna University. Anushilana, XLV,117-120. • Neera (2012). Dependence Proneness Among Male And Female College Student : A Comparative Study. Behaviurometrics, 29(1&2),66-68
Conference Organization/ Presentations
<ul style="list-style-type: none"> • Paper Presented on the Sustainable Development at Swadeshi Jagaran and Swadeshi Research Foundation, 2016, Jabalpur, Madhya Pradesh. • Paper Presented on the Dr. Bhimrao Ambedker, Social and Economic thoughts, at Vikramaditya Mahavidyala, 2016, Jabalpur, Madhya Pradesh. • Paper Presented on the Challenges of elderly life and Intervention for SocioEconomic Empowerment of Elderly at Mata Sundari College for Women, 2016, University of Delhi. • Paper Presented on the Female Literacy in Bihar: Progress, future Prospects and its Psycho-Social Impact at Ganga Devi Mahila College, 2013, Patna. • Paper Presented on the Women's Reservation in Democracy: The Strongest Media for Women Empowerment at Laliteshwar Prasad Shahi College, 2012, Patna. • Paper Presented on the Application of ICT for Quality Enhancement in Teacher Education at St.Xavier's College of Education, 2012, Patna.
Research Projects (Major Grants/Research Collaboration)
Awards and Distinctions
Association With Professional Bodies
<ul style="list-style-type: none"> • All India Social Science & Management Welfare Association (Association For Social & Economic Development Through Research, Training, Social Activity & Education), Madhya Pradesh.

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Other Activities
<ul style="list-style-type: none"> • Successfully completed the NEP 2020 Orientation and Sensitization Course, 2nd April 2024-22nd April 2024 organized by Mahatma Hansraj Malviya Mission Teacher Training Centre, Hansraj College, University of Delhi • Successfully completed the Certificate Course, 22nd Dec.2023-10th January 2024 on Shrimad Bhagavad Gita: Enlightenment and Relevance organized Ministry of Education Pandit Madan Mohan Malaviya National Mission on Teachers & Teaching And BHĀRATAM: Bhārtīya Gyān Paramparā Adhyayan, Adhyāpan Evam Anusādhān Kendra and Teaching Learning Centre Ramanujan College, University Of Delhi. • Successfully completed the Faculty Induction Programm/Orientation Course , 22nd June 2023 – 21th July 2023 at Teaching Learning centre, Ramanujan College, University of Delhi and under the aegis of Ministry of Human Resource Development Pandit Madan Mohan Malayia National Mission on Teachers and Teaching. • Successfully completed the Interdisciplinary Refresher Course on “Advanced Research Methodology” from 22nd May 2023 – 5 th June 2023 and obtained Grade – A+ at Teaching Learning centre, Ramanujan College, University of Delhi and under the aegis of Ministry of Human Resource Development Pandit Madan Mohan Malayia National Mission on Teachers and Teaching. • Successfully completed the two – weeks Faculty Development Programme on “Enhancing Psychological Skills for Teaching and Practice” from 15th September – 29th September 2020 and obtained Grade – A at Teaching Learning centre, Ramanujan College, University of Delhi and under the aegis of Ministry of Human Resource Development Pandit Madan Mohan Malayia National Mission on Teachers and Teaching. • Successfully completed Faculty Development Programme on Applied Psychological Perspective of Well – Being from 22nd June – 27th June 2020 at Amity University, Uttar Pradesh.