

NSS unit organised a week long Self Defence workshop for women in collaboration with Delhi Police

As part of their women' day celebration the NSS unit collaborated with Delhi Police to organise a week long self defence class for women that concluded on 8march 2019. The camp was organised keeping in the rising cases of violence and eve teasing against women in the city. While the aim of a responsible society should be to sensitise men, the camp aimed at enabling the women to be able to face alarming situations with confidence and skill if they encounter any sich threat in their everyday life. The camp aimed at educating women about basic techniques of quick responses against any physical danger. The camp was attended by large number of girl students.



